



**FOR IMMEDIATE RELEASE**

**Contact:**

Shawna Miller

Redstone Highlands

724-832-8400

[smiller@redstonehighlands.org](mailto:smiller@redstonehighlands.org)

**Redstone Highlands Communities Provides Smoke-Free Housing**

GREENSBURG, Pa. (June 10, 2014) – Jim Hodge, Vice President of Redstone Highlands Communities, received the “To Make a Difference” Certificate for Redstone being a community leader in offering Smoke-Free Housing.

Esther Ulery, Tobacco Prevention Specialist at Penn State Extension, presented the certificate to Jim Hodge. This certificate shows that smoke-free housing is important because tobacco smoke contains cancer causing agents and toxins that affect lung and heart health. The smoke can seep into adjoining units when smoking is permitted in a building.

Mr. Hodge explained that the communities at North Huntingdon and Greensburg are not only smoke-free, but 100% tobacco-free, inside and on the grounds. To help everyone adjust, Redstone has a comprehensive wellness program for staff and residents, even making “How to Quit Tobacco” programs available.

Free Information about how to establish a smoke-free policy for a building or to offer tobacco cessation is available from Penn State Extension Tobacco Cessation Program at 724-837-1402. This program is funded by the PA Department of Health.

A photograph of Jim Hodge receiving the certificate can be found at:

<https://www.flickr.com/photos/125374073@N05/14410698553/>

**About Redstone Highlands Communities**

Redstone Highlands is a Christian, non-profit Continuing Care Retirement Community (CCRC) with communities in Greensburg, Murrys ville, and North Huntingdon, including Colonial Estates Villas at its North Huntingdon community. Redstone Highlands is dedicated to providing living alternatives and high-quality services that help to meet the changing needs of the community. Serving more than 800 residents annually, Redstone Highlands is the region’s largest CCRC,

offering services ranging from Senior Apartments to Nursing and Rehabilitation. For more information, please visit [www.redstonehighlands.org](http://www.redstonehighlands.org).

###