

February

2019




FOR RESERVATIONS PLEASE CALL
724-864-1429

NORTH HUNTINGDON CAMPUS
12921 Redstone Drive
North Huntingdon, PA 15642

REDSTONE COLONIAL ESTATES
772 Frontier Drive
North Huntingdon, PA 15642



YouGetUs.com   

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Outing to Seven Springs for those signed up – departing @ 10:15	2 
3 Movie Night 6:00	4 NO EXERCISE TODAY	5 Resident Exercise 8:30/9:00 Zumba 10:30	6	7 Resident Exercise 8:30/9:00 Great Courses 1:30	8 Men's Club 12:00 (2 nd Floor Parlor) Parkinson's Caregivers 1:00	9
10 Movie Night 6:00	11 NO EXERCISE TODAY	12 Resident Exercise 8:30/9:00 Zumba 10:30	13 Parkinson's Support Group 1:00	14 Resident Exercise 8:30/9:00 Great Courses 1:30 Happy Hour ♥ 5:00 ♥	15 Book Club 2:00	16
17 Movie Night 6:00	18  NO EXERCISE TODAY Villa Women (tbd)	19 Resident Exercise 8:30/9:00 Zumba 10:30	20 Resident Meeting 10:00	21 Resident Exercise 8:30/9:00 COO Chat 10:30 Great Courses 1:30	22	23
24 Movie Night 6:00	25 NO EXERCISE TODAY Parkinson's Social 1:00	26 Resident Exercise 8:30/9:00 Zumba 10:30	27 Lunch Bunch 12:00	28 Resident Exercise 8:30/9:00 Great Courses 1:30 (Arts & Crafts)		

Redstone Highlands – RCE Resident – February 2019

LUNCH BUNCH

Chris Rodell, (author, writer, & national speaker) will be here to discuss his latest book, *Arnold Palmer: Homespun Stories of the King*. Mr. Rodell draws on his over 100 interviews with Palmer and provides an intimate, charming, and (at times) irreverent glimpse into the golfing icon. The author will have books available for sale for \$15.00 if you are interested in making a purchase.

Make sure you get your reservations into Pam asap.

Deadline for reservations is Wednesday, February 20th!

Great Courses

Just a reminder that Great Courses will meet in the Arts & Crafts room on Thursday, February 28th.

Resident Exercise

Please note that due to Heather's maternity leave, there will be no exercise on Monday's until further notice. Tuesday and Thursday will continue as usual.

RESERVATIONS ARE NEEDED FOR:

- 1/8 - Men's Club
- 1/20 - Community Meeting
- 1/21 - COO Chat
- 1/27 - Lunch Bunch

Please know that we request reservations so that we can have enough seats and food available for meetings, events, etc. and appreciate your cooperation in calling them in.